

Spring 2015



microcosm publishing



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Building the Bicycle Revolution
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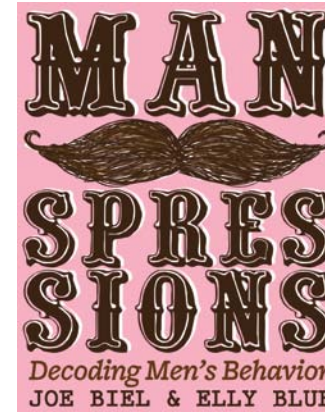
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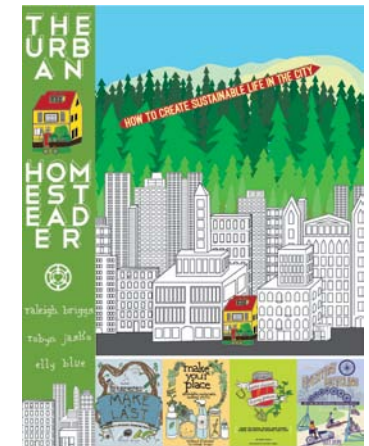


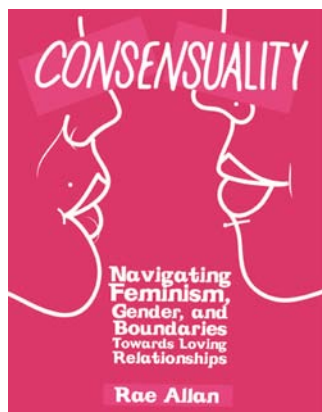
You've heard of mansplaining, but what about manstitutions? From manologues to manversations, mantrums to manger, the behavior of men is decoded at last for your enlightenment and entertainment. It's a new wave of feminism, and that wave requires a new language.

Joe Biel & Elly Blue
ISBN: 978162106-898-3
Publication Date: July 14, 2015
Format: Paperback, 5.25 x 6.75", 128 Pages
Subjects: Humor / Gender
\$9.95 U.S. / \$11.95 CAN

Want to learn to make your own soap? Mend your torn clothes? Grow your own cucumbers? Carry your groceries and children on a bicycle? This box set (*Make Your Place, Make It Last, Homesweet Homegrown, and Everyday Bicycling*) contains your friendly guides to a new, cozy, sustainable life at home and in the world. Live your own revolution!

Raleigh Briggs, Elly Blue, Robyn Jasko
ISBN: 978162106-929-4
Publication Date: March 17, 2015
Format: Paperback, 5.25 x 6.75", 512 pages
Subjects: Sustainable Home
\$29.95 U.S. / \$34.95 CAN





Details the process for creating or finding a healthy, successful relationship as well as common pitfalls and how to avoid them, like gender identity, sexual boundaries, power struggles, and emotional dysfunction. Overcoming regret and resentment, the authors describe a journey towards a respectful social environment.

Rae Allen
ISBN: 978162106-004-8
Publication Date: July 14, 2015
Format: Paperback, 5.25 x 6.75", 128 Pages
Subjects: Relationships
\$9.95 U.S. / \$11.95 CAN

Tried and true herbal treatments for common gynecological problems, as well as great basic sexual health info. Diagrams and instructions to remedy many basic problems from bladder infections to inducing your period to ease cramps to even dealing with pregnancy. References to further reading, descriptions of herbs, and even a section on aphrodisiacs.

Isabelle Gauthier & Lisa Vinebaum
ISBN: 97816210-648-4
Publication Date: July 14, 2015
Format: Paperback, 5.25 x 6.75", 96 Pages
Subjects: Health / Gender
\$9.95 U.S. / \$11.95 CAN



A glimpse into the laws, policies, and struggles that shaped the lives of American high school students over the last one hundred years. Through dozens of case studies, Dawson Barrett recounts the strikes, marches, and picket lines of teens all over the U.S. as they demand better textbooks, start recycling programs, and protest the censorship of student newspapers.

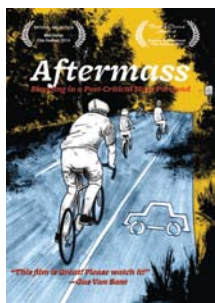
Dawson Barrett
ISBN: 978162106-137-3
Publication Date: July 14, 2014
Format: Paperback, 5.25 x 6.75", 160 pages
Subjects: Cooking / DIY
Price: \$11.95 U.S. / \$13.95 CAN

A small town teenager discovers punk rock through a loaned mix tape and it slowly takes over all aspects of his life. His new passion causes him to form a band, track down out of print records that he reissues, open a record store, begin a record distribution operation, and to befriend all manner of punk luminaries along the way.

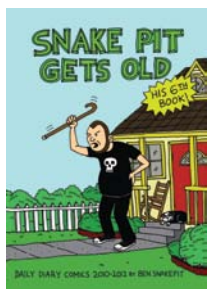
Bob Suren
ISBN: 978162106-878-5
Publication Date: June 9, 2015
Format: Paperback, 5 x 8", 192 Pages
Subjects: Music / Punk
Price: \$14.95 U.S.



Features many of the leaders and participants to tell the story of how Portland became North America's Bicycling City since 1971. The film shows the complex dynamic between advocacy organizations, politicians, city planners, and the then new, grassroots Critical Mass ride, while exploring controversies, riots, political roadblocks, and an illegal police spy.



Joe Biel
ISBN 978-1-62106-899-0
Publication Date: March 17, 2015
Format: DVD, 74 minutes + 4 hours bonus
Subjects: Bicycle, History
\$19.95 U.S. / \$21.95 CAN



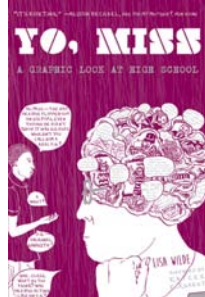
No matter how mundane each appears at the time, an apparent narrative always begins to emerge in Ben's life as characters re-appear and interact with him at "Some Shitty Job," at the local tacqueria, or at home. As the title implies, Ben transitions from the pants-pooing idiocy of youth to the dark, sobering responsibilities of adulthood.
MAY 12 • 978-1-62106-596-8 • \$14.95

Ben Snakepit
ISBN 978-1-62106-596-8
Publication Date: May 12, 2015
Format: Paperback, 6x8", 288 pages
Subjects: Graphic Novel / Music
\$14.95 U.S. / \$16.95 CAN

A cookbook opting for a casual, layperson's terms approach to vegan cooking by ensuring the recipes are straightforward and the majority of ingredients are familiar and easy enough to find in the standard grocery store. The priority is placed on taste and providing delicious vegan incarnations of typical Southwestern and Southern food rather than prioritizing health and nutrition over flavor. Features light-hearted, custom illustrations of skeletal characters in the old southwest over stock-standard recipes.



Ryan Splint
ISBN: 978-1-62106-989-8
Publication Date: February 2015
Format: Paperback, 6 x 9", 128 Pages
Subjects: Cooking / Vegan
\$10.95 U.S. / \$12.95 CAN



Takes the reader inside Wildcat Academy, a second chance high school in New York City where all the students are considered at-risk. Through strong and revealing black and white images, the book tells the story of eight students who are trying to get that ticket to the middle class - a high school diploma. Whether they succeed or not has as much to do with what happens outside the classroom as in, and the value of perseverance is matched by the power of a second chance. It is a story that shows these teens in all their beauty, intelligence, suffering, humor, and humanity (and also when they are really pains in the behind.) A view from the trenches of public education, it challenges preconceptions about who these kids are, and what is needed to help them graduate.

Lisa Wilde
ISBN: 978-1-62106-219-6
Publication Date: March 2015
Format: Paperback, 6 x 9", 160 Pages
Subjects: Graphic Memoir / Education
\$12.95 U.S. / \$14.95 CAN

Bikenomics: How Bicycling Can Save The Economy \$14.95 (10 oz) An educational ride through the costs to people, businesses, and cities to maintain our current transportation system and how we'd all benefit from a switch to two-wheels, illuminating challenges, successes, and visions. 9781621060031



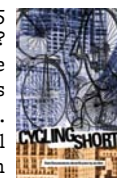
Bipedal, By Pedal! #1-3 \$4 ea. (3 oz) Legal documents and analysis pertaining to the Portland Police Department's nefarious, illegal crackdown campaign on the local Critical Mass movement tell a once-secret story of intimidation and spy work. 978-1-934620-34-2 • 978-1-62106-384-1



Chainbreaker: A Rough Guide to Bicycle Maintenance \$12-18 (12 oz) The first half is a bicycle repair manual and the second half teaches you how to repair your town's bicycle culture. 9780977055739



Cycling Shorts DVD \$5-20 (5 oz) What is bicycle culture? It's what you make of it. In these 28 documentaries, activists educate the policymakers. Bureaucrats create whimsical public art. Strangers help each other move house by bike. 978-1-62106-463-3



Dwelling Portably 2009-2015 Holly and Bert's fourth decade of DIY homesteading assembles things like biking, permanent camping, alternative communities, DIY healthcare, disaster preparation, eating off the land, and MacGyver-like skills to prepare you for any and all situations. 9781621068365



Dwelling Portably 1980-2012 \$19.95 Helpful tips for biking, tents, showering, cooking, and living off the grid, this guide will steer you right while living in a treehouse in a public park, in your car in Mexico, or on your bicycle. 978-1-62106-307-0



Everyday Bicycling \$5-15 (5 oz) Ride a bike for transportation! Elly Blue introduces you to street smarts, bike shopping, carrying everything from groceries to children to furniture, and riding in all weather. 978-1-62106-905-8



A Rough Guide to Bicycle Maintenance \$1-3 (1 oz) This excellent DIY guide for fixing a flat tire, working with wheels, bearings, doing a tune-up, and using tools. 978-1-934620-32-8



Still We Ride \$12-25 (5 oz) Days before the Republican National Convention a massive police operation arrested 264 people during Critical Mass, marking one of the largest mass arrests in New York City's history. 9781621065562



Why We Drive \$13.95 (8 oz) The crooked politicians, burning streetcars, unscrupulous businessmen, and convoluted tax shenanigans that caused America to become paved with endless miles of asphalt. 978-1-62106-486-2



Zinester's Guide to New York City \$9-16 (9 oz) An on-the-cheap, warts-and-all exploration, whether you're looking for scannable coffee or a place to grab a Japanese breakfast, art supplies, volunteer opportunities, or a four-story Korean bathhouse. 978-1-934620-46-5



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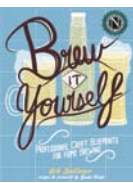
Action!: Dr Know-it-All's Guide to Film & Video \$8-16 (7 oz) An illustrated nuts and bolts guide to filmmaking. From the artistic and technical elements to sound, composition, and flow. 9781621060307



Alive with Vigor: Surviving Your Adventurous Lifestyle \$5-15 (10 oz) Stories of overcoming health problems from a variety of people, including many queer and transgender perspectives. 9781934620472



Brew It Yourself \$11.95 (5 oz) Teaches how to brew beer at home, outlining the two most common home-brewing techniques: extract and all-grain brewing. Professional advice on how to design your own beers from square one. 9781621066651



Cat's Claw Herbal \$2-5 (2 oz) Easy to understand instructions on how to make your own herbal salves. Great for people who are already into plants or the newly interested. 978-1-62106-605-7



DIY Screenprinting \$8-16 (12 oz) A comic guide that teaches the art and science of screenprinting. From inception to printing t-shirts, street vending to working in a print shop. 978-0-9770557-4-6



Fix Your Clothes \$3-8 (3 oz) "You've had to deal with the fact that clothes are mortal. We love them but they fail us in myriad ways..." 978-1-62106-017-8



Grow: How to Take Your Do It Yourself Project and Passion to the Next Level and Quit Your Job \$10-18 (6 oz) A field guide for creative people with great ideas for independent projects who want to achieve success and sustainability. 9781621060079



A Guide to Picking Locks #1 \$8.95 (4 oz), #2 \$5.95 (3 oz) Written by an experienced locksmith with nice diagrams that guide you through different types of locks and the best tools and techniques. 9781934620-97-7, 9781934620-91-5



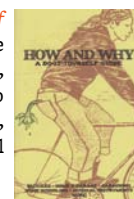
Herbal First Aid \$15-4 (1 oz) A guide to using plants for healing cuts and scrapes, burns, rashes, sunburns, gut problems, bruises, bleeding, fighting parasites, building a first aid kit, and more! 9781934620564



Homesweet Homegrown \$5-15 (6 oz) "a simple DIY guide to growing, storing, and making your own food," that will turn you into a healthy, happy farmer even if you live in a big city sky-rise. 978-1-934620-10-6



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Make Your Place: Affordable, Sustainable Nesting Skills \$5-15 (5 oz) Raleigh Briggs teaches how to craft a sustainable domestic life outside of consumer consciousness. Full of simple skills that anyone can learn. 978-0-9788665-6-3



Making Stuff and Doing Things: A Collection of DIY Guides to Doing Just About Everything! \$10-14 (16 oz) A comprehensive manual with hundreds of instructional articles that tell you how to do, well, pretty much everything. 978-0-9726967-9-1



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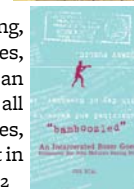
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Applicant \$3-5 (3 oz) A collection of found graduate school applications with photos from the '60s and '70s, accompanied by comments from professors. *Totally* funny. 978-0-9770557-6-0



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Homeland Insecurity DVD \$10-25 (3 oz) Bill Brown explores U.S./Mexico immigration and activist groups that supply water and rides to people crossing the border who get stranded or lost in the desert. 9781621064299



Mostly True \$7-12 (7 oz) Bill Daniel crafted *Who Is Bozo Texino?* (\$20), and this companion book chronicles his look at boxcar graffiti writing and quest to find Bozo Texino. 9780978866525



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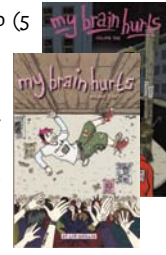
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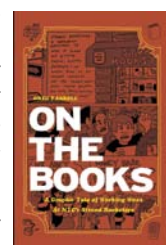
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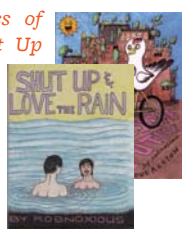
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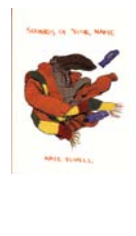
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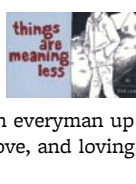
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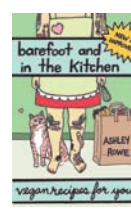
Things are Meaning Less \$6-10 (7 oz) A tough, funny, heartbreaking look at young, disillusioned life. Al Burian's comics show a Saul Bellow-ian everyman up against the wall, looking for love, and loving the metal. 978-0-9726967-3-9



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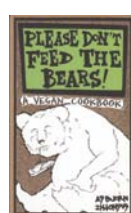
Everyday Cheesemaking \$12.95 (5 oz) Step by step instructions, concepts, what equipment you'll need, and ingredients to making nut and dairy cheese at home on the first try. 978-1-62106-592-0



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So Raw It's Downright Filthy \$5.95 (4 oz) Ploeg takes on the raw diet! Mushroom-Pear Salad with Five Spice, green curry, Shitakesbury Steak, Shepherd's Pie, more! 978-1-934620-82-3



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Wild Fermentation \$4-10 (3 oz) Use the microbes around you to make sourdough, miso, sauerkraut, and pickles. Wow your friends by fermenting kimchi and other tasty, briny treats. 978-1-934620-17-5



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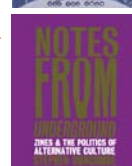
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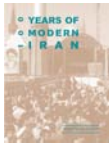
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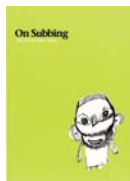
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